

Curriculum Vitae



Name : **Dr. Gita Patel**
Date of Birth : 01/06/1961
Contact : Faculty of Physical Education & Sports Science,
Gujarat Vidyapith, Sadra-382320, Dist. Gandhinagar.
Gujarat.
Current Position : Professor
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Academic Qualifications

Exam passed	Board/ University	Subjects	Year	Division/ Grade/ Merit.
Ph.D.	Gujarat Vidyapith, Ahmedabad	Physical Education	2002	Awarded
M.Phil.	Gujarat Vidyapith, Ahmedabad	Physical Education	1999	71.83%
M.P.Ed.	Gujarat University, Ahmedabad	Physical Education	1992	58.91%
D.P.Ed.	Gujarat State Exam. Board, Ahmedabad	Physical Education	1989	69.03%
L.L.B.	North Gujarat University, Patan	Taxation	1988	52.46%

M.A.	Gujarat University, Ahmedabad	Economics, Politics	1985	50.54%
B.A.	Gujarat University, Ahmedabad	Economics	1983	54.44%

Contribution to Teaching

Theoretical Subjects :

Name of Course	Subject Taught	Name of University / College / Institution	Duration
B. Sc. (Home Science)	1. Indian Cultural Heritage 2. Constructive Activity 3. Religions of the World 4. Gandhian Thoughts & Constructive Programmes 5. Entrepreneurship 6. Community Life	M. D. Gramseva Mahavidyalaya, Randheja, Ta. & Dist.: Gandhinagar	1993 To 2006
B. A. (Office Management)	1. Gandhian Thoughts & Constructive Programmes 2. Entrepreneurship 3. Community Life	M. D. Gramseva Mahavidyalaya, Randheja, Ta. & Dist; Gandhinagar	1993 To 2006
B. Sc. (Physics)	1. Gandhian Thoughts & Constructive Programmes 2. Entrepreneurship 3. Community Life	M. D. Gramseva Mahavidyalaya, Randheja, Ta. & Dist.: Gandhinagar	1993 To 2006
M. Sc.(Home Science)	1. Social Research Methodology 2. Community Life	M. D. Gramseva Mahavidyalaya, Randheja, Ta. & Dist.: Gandhinagar	1993 To 2006

B. P. E.	1 Management & administration in Physical Education	Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.: Gandhinagar	Since 2007
B. P. Ed.	1 Management & administration in Physical Education 2. Sports Psychology 3. Sports Sociology	Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.: Gandhinagar	Since 2007
M. P. Ed.	1 Sports Training & Scientific Principles 2. Professional Preparation & Curriculum	Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.: Gandhinagar	Since 2007

Practical Subjects:

Name of Course	Subject Taught	Name of University/College/Institution	Duration
B. P. E.	1. Indigenous Activity 2. Soft Ball 3. Kho-Kho	Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.: Gandhinagar	Since 2007
B. P. Ed.	1. Indigenous Activity 2. Soft Ball 3. Kho-Kho	Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.: Gandhinagar	Since 2007
M. P. Ed.	1. Soft Ball 2. Kho-Kho	Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.: Gandhinagar	Since 2007

Area of Specialization

1. Sports Training & Scientific Principles
2. Management & Administration in Physical Education
3. Sports Psychology
4. Sports Sociology
5. Professional Preparation & Curriculum
6. Management & Administration in Physical Education & Curriculum
7. Kho-Kho
8. Soft Ball
9. Indigenous Activity
10. March Past
11. Base Ball

Academic Programme and Courses Evolved

1. B.P.E. Courses
2. B.P.Ed. Courses
3. M.P.E. Courses

Involvement in Institute Development

1. Development of Sports Track at M.D. Gramseva Mahavidyalaya, Randheja, Gujarat Vidyapith.
2. Development of Sports Equipment for M.D. Gramseva Mahavidyalaya, Randheja, Gujarat Vidyapith.
3. Development of Ladies Hostel at M.D. Gramseva Mahavidyalaya, Randheja, Gujarat Vidyapith.
4. Development of Ladies Hostel at Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist.Gandhinagar, Gujarat Vidyapith.

Research Guidance

1. M.D. Gramseva Mahavidyalaya, Randheja,Gujarat Vidyapith, Ahmedabad - 54 Students till 2005-06.
2. Faculty of Physical Education & Sports Science,Sadra, Ta. & Dist.Gandhinagar, Gujarat Vidyapith, Ahmedabad - 26 Students till 2017-18.
3. Faculty of Physical Education & Sports Science, Sadra, Ta. & Dist. Gandhinagar, Gujarat Vidyapith, Ahmedabad - 02 Students (M.P.Ed.) till 2018-19.
4. Faculty of Physical Education & Sports Science Sadra, Ta. & Dist. Gandhinagar, Gujarat Vidyapith, Ahmedabad - 02 Students (M.Phill.) till 2018-19.

5. Faculty of Physical Education & Sports Science Sadra, Ta. & Dist. Gandhinagar, Gujarat Vidyapith, Ahmedabad - 02 Students (Ph.D.) till 2018-19.

Publications

Papers Published: 18

No.	Year of Publication	Title of The Paper	ISBN/ISSN No.	Name of the Journal/Publication	Whether National /International
1	2009-10	Aadhunik Jeevan Shailee Ane Vyaayaam (i.e. Modern Life Style and Exercise)	RNI No. GujGuj-1302-06-12-2009TC, Varsh(Year)-1, Ank(Issue)-3 March-2010, Page No. 02 - 03	<i>Ramat- Jagat</i>	National
2	2013-14	A Comparative Study of Anthropometry of National Level Players of Karate, Judo & Wrestling	ISSN-2319-8168 Vol-2 , Issue-3 June – 2014 Page No. 88 - 90	<i>Research Zone India</i>	International
3	2013-14	Effects on Psychological Variables and Physical Fitness of Modern Dance and Traditional Dance	ISSN-2348-1692 Vol-1, Issue-3 May-June 2014 Page No. 05 - 07	<i>Educational Bridge</i>	International
4	2013-14	Khelaadeeno Aahaara (i.e. Diet of Sports-Person)	ISBN-979-82-320- 2535-5 June 2014 Page No. 198-204	<i>Relevance of Gandhian Thoughts</i>	International
5	2013-14	Comparative Study of Physical Fitness of Sports-Girls and Non-Sports-Girls of Secondary Schools	ISSN-2319-8168 Vol-2 Issue-4 September 2014 Page No. 120-122	<i>Research Zone India</i>	International
6	2015-16	Comparative Study of Anxiety-level in Players of	ISSN-2348-1692 Vol-2,	<i>Educational Bridge</i>	International

		Gujarat Vidapith And Hemchandracharya University, participating in Inter-University level Handball Competition	Issue-2 March-April 2015 Page No. 03 - 04		
7	2015-16	Study of Effects on Anthropometry by Training to the Trainee Graduates of Mahadev Desai Sharirik Shikshan Mahavidyalaya During the Year	ISSN-2319-5959 Vol-3, Issue-2 April-May 2015 Page No. 03 - 04	HESMA	International
8	2015-16	Comparative Study of Intelligence Quotient of Students of Govt. and Non-Govt. Secondary Schools of Dehgam Taluka	ISSN-2319-5959 Vol-3, Issue-4 June-July 2015 Page No. 03 - 04	HESMA	International
9	2015-16	Comparative Study of Physical Fitness of Students of Secondary and Higher Secondary Schools	ISSN-2348-1692 Vol-2, Issue-4 July-August 2015 Page No. 16 to 18	Educational Bridge	International
10	2016-17	Comparative Study of Mental Health of Players and Non-Players	ISSN-2348-1692 Vol-3, Issue-3 May-June 2016 Page No. 13 - 14	Educational Bridge	International
11	2016-17	Comparative Study of Physiological Aspects of Basketball (Male) and Kho-Kho (Male) Players	ISSN-2319-5959 Vol-5, Issue-1 Jan-Feb 2017 Page No. 05 to 07	HESMA	International
12	2016-17	Comparative Study of Intelligence Quotient of Students of Govt. and Non-Govt. Secondary Schools of Dehgam Taluka	ISSN-2319-5959 Vol-5, Issue-1 January-Feb. 2017 Page No. 05 to 07	HESMA	International
13	2016-17	Amadavad Shaheerana Paldi Vistarnee	ISBN-978-93-86522-07-8	Life Management Style &	National

		Madhyamik Shalaman Abhyasa Karata Vidyartheeonee Ahar Svasthya ane Arogya Tevo Temaj Svasthya Sambandhit Yogyatano Abhyas (i.e.Study of Diet, Health, Habits & Health-Related Fitness of Secondary School Students of Paldi area of Ahmedabad city)	February 2017 Page No. 134- 136	<i>Wellness Through Physical Education & Sports</i>	
14	2017-18	Yogasno Dvara Manasik Svasthya Upar Thati Asarono Abhyas (i.e. Study of Effects on Mental Health by Yogasanas)	ISSN-2319- 8168 Vol-5 Issue-4 July- August- September 2017 Page No. 156-158	<i>Research Zone India</i>	International
15	2017-18	Comparative Study of Anxiety-Level of Basketball(Female)& Volleyball(Female) Players of Gujarat Vidyapith	ISBN-978-93- 86640-09-3 2018 Page No. 74-75	<i>Modern Trends in Physical Education Sports and Yogik Science</i>	International
16	2017-18	Medasvee Vidyartheeo Par Yog Ane Aerobic Kasaratonee Namaneeyata par Thatee Asarono Abhyas (i.e. Study of Effects of Yoga & Aerobic Exercise on Flexibility of Obese Students)	ISSN-2319- 8168 Vol-6 Issue-2 January February March 2018 Page No. 228-232	<i>Research Zone India</i>	International
17	2018-19	Antar Vishva Vidyalaya Kaxae Pasand Thayel Basketball Ane Handball Ramatna Khelaadee Bhaionee Sharireek Yogyatano Tulanatmak Abhyas (i.e. Comparative Study of Physical Fitness of Male Players of	ISBN: 978-93- 86640-70-3 January 2019 Page No. 65-69	<i>Promotion of Physical Education, Sports Science and Sports Management With Multi- Disciplinary Subject</i>	National

		Basketball and Handball, Selected at Inter- University level Competition)			
18	2018-19	The Effect of Selected Exercise on Body Composition of Girls of Gandhinagar City	ISBN: 978-93- 86640-66-6 March 2019 Page No. 164- 167	<i>Innovative Perspective on Body, Mind & Soul</i>	International

Participated and presented papers in some of the Annual Conferences of Indian Society of Gandhian Studies held at :

1. Participated “Maitri Shibir” at Vedchhi, Dist. Surat from 16th from 26th May 2013.

Conferences/Seminars / Workshops / Attended From 2009 Onwards

Number of International Conferences Attended : 06

Number of National Seminars Attended : 13

Number of National Workshops Attended : 06

Seminars / Workshops / Training Camps Organised

1. Yogasan Training Camp by Youth Services and Cultural Activities, State Youth Board, Gandhinagar, at Randheja, Gujarat Vidyapith in the year 1996.
2. Yogasan Training Camp by Youth Services and Cultural Activities, State Youth Board, Gandhinagar, at Randheja, Gujarat Vidyapith in the year 1997.
3. Organized National Level Seminar on New Trends in Home Science at Randheja, Gujarat Vidyapith in the year 2001 (Committee Member).
4. Organized Workshop on “Research and Statistical Procedure” on 5th & 7th September 2008 (Committee Member).
5. Organized State Level Seminar on Re-Construction of Syllabus on 14th & 15th

September 2009 (Secretary).

6. Organized National Level Seminar on “Modern Trends in Physical Education and Sports” from 27th to 29th February 2012 at Gujarat Vidyapith, Faculty of Physical Education & Sports Science, Sadra, Gujarat (Committee Member).
7. Organized “Nai Talim Adhiveshan” at Gujarat Vidyapith, Faculty of Physical Education & Sports Science, Sadra, Gujarat in 2012 (Committee Member)
8. Organized **West Zone Kho-Kho (Women) Tournament 2013** From 21th to 24th December, 2013, at M.D Sharirik Shikshan Mahavidyalaya, Sadra, Gujarat Vidyapith, Ahmedabad, Gujarat. (Secretary)
9. Organized **West Zone and All India Kho-Kho (Women) Tournament 2017** From 30th December to 06th January, 2018, at Faculty of Physical Education & Sports Science, Sadra, Gujarat Vidyapith, Ahmedabad, Gujarat. (Secretary)

Lectures Delivered (National/ Local level Programmes):

1. Delivered lectures in Regular Programs of Gujarat Vidyapith organized each year for new students at M. D. Gramseva Mahavidyalaya, Randheja. Ta. & Dist. Gandhinagar (Subjects: 1. Importance of Prayer; 2. Importance Of Hostel Life)
2. Delivered a lecture in State Level Seminar on “Development of Life Values through Sports” from 28th February to 2nd March 2014 at Gujarat Vidyapith, Faculty of Physical Education & Sports Science, Sadra. Title of the lecture: “Modern Trends in Physical Education and Sports.”
3. Delivered lecture in June 2018 in Abhimukhata Shibir, Program of Gujarat Vidyapith organized each year for new students at Faculty of Physical Education & Sports Science Sadra, Ta. & Dist. Gandhinagar (Subjects: 1. Importance of Prayer.)
4. Rashtriya Seava Yojana Shibir Sanchalak, during 30-11-2018 to 06-12-2018 at Zakhora, Ta. & Dist. Gandhinagar

Administrative Work

1. Performed the duties of Rector of Girls’ Hostel at M. D. Gramseva Mahavidyalaya, Randheja, Gujarat Vidyapith from the year 1993-94 to 2006-07.
2. Performed the duties of Rector of Girls’ Hostel at M. D. Gramseva Mahavidyalaya,

Sadra, Gujarat Vidyapith from the year 2010-11 to 2013-14.

Membership in Professional and other Bodies

Board of Studies:

1. Trustee Member, Gujarat Vidyapith for the Academic Year of 1997-98 & 1998-99.
2. Member of Inter University Team Selection Committee in Gujarat Vidyapith since 2012-13.
3. Member of Mahila Vikas Ekam, Sadra, Gujarat Vidyapith from 2015 onwards.
4. Member of Inter University Team Selection Committee in Gujarat Vidyapith since 2016-17.
5. Member of Vidyarthi Utkarsh Ane Chhatralaya Samiti, Gujarat Vidyapith from 2016-17 onwards

Examinership

1. External Examiner of M. D. Samajseva Mahavidyalaya, Ahmedabad, Gujarat Vidyapith from 1993-94 to 2004-05.
2. External Examiner of Faculty of Physical Education & Sports Science, Sadra, Gujarat Vidyapith from 1993-94 to 2006-07.

Examiner for P.G., M.Phil., & Ph.D., programmes

1. Kadi Vishvavidyalaya, Gandhinagar.

Extension Activities

1. NSS Programme Officer, M. D. Gramseva Mahavidyalaya, Randheja, Gujarat Vidyapith from the year 1993-94 to 2006-07.
2. Tree Plantation at Randheja Campus, Gujarat Vidyapith, from the year 1993-94 to 2006-07.
3. Organized all Youth Festivals of Gujarat Vidyapith at Randheja, Gujarat Vidyapith in the year 1993-94.
4. Organized all Youth Festivals of Gujarat Vidyapith at Randheja, Gujarat Vidyapith in

- the year 1993-94.
5. Organized Skill Development Training Camp at Randheja, Gujarat Vidyapith, 1993-94.
 6. Organized all Youth Festivals of Gujarat Vidyapith at Randheja, Gujarat Vidyapith in the year 1994-95.
 7. Organized Skill Development Training Camp at Randheja, Gujarat Vidyapith, 1994-95.
 8. Organized all Youth Festivals of Gujarat Vidyapith at Randheja, Gujarat Vidyapith in the year 1995-96.
 9. Organized Skill Development Training Camp at Randheja, Gujarat Vidyapith, 1995-96.
 10. Organized all Youth Festivals of Gujarat Vidyapith at Randheja, Gujarat Vidyapith in the year 1996-97.
 11. Organized Skill Development Training Camp at Randheja, Gujarat Vidyapith, 1996-97.
 12. Participated & Cooperated in National Integration Camp From 7th to 13th February 1997 at St. John's College Campus, Agra, Uttar Pradesh.
 13. Participated & Cooperated in National Programme of Youth ' YUVAK BIRADAREE' 1997 at Police Stadium, Shahibag, Ahmedabad.
 14. Fruit and Vegetable Preservation Camp at Randheja from 13-10-2005 to 20-10-2005.
 15. Organized Practical Examination for Recruitment of PSI from 12th to 13th January 2007.
 16. Organized Practical Examination for Recruitment of PSI from 01st to 04th January 2007.
 17. Organized “Gandhi Jivan Padyatra” with all staff and students from 28th September to 2nd October 2007.
 18. Organized “Gandhi Jivan Padyatra” with all staff and students from 28th September to 2nd October 2008.
 19. Organized Medical Check-up Camp in which Honourable Governor of Gujarat State, Shri Naval Kishor Sharma graced the occasion, Committee Member, 2009.

20. Organized (Committee Member) Cricket Tournament for Maheshwari Yuva Sangathan on 10th January 2009.
21. Organized (Committee Member) “Gandhi Katha” at Town Hall, Gandhinagar from 21st to 25th June 2009.
22. Organized “Gandhi Jivan Padyatra” with all staff and students from 28th September to 2nd October 2009.
23. Organized (Committee Member) Medical Check-up Camp on 21st February 2010.
24. Organized “Gandhi Jivan Padyatra” with all staff and students from 1st to 4th October, 2010 in Surendranagar District.
25. Organized “Granth Yatra” on the occasion of Birth Anniversary of Shri Mahadevbhai Desai, 2011.
26. Organized “Gandhi Jivan Padyatra” with all staff and students from 26th to 29th September 2011 in Mansa Taluka.
27. Organized (Committee Member) 61st Annual Seminar of ‘Nai Talim Sangh’ from 11th to 13th January 2012.
28. Organized Desert Safari, Kutch, Banaskantha from 29th February to 9th March 2012.
29. Organized as an Expert Yoga Training Program for 400 High School Teachers of State Education Department from 31st January to 25th February 2012.
30. Organized “Gandhi Jivan Padyatra” with all staff and students from in Danta and Vadgam Taluka of Banaskantha District, 2012.
31. Organized Blood Donation Camp on the occasion of Silver Jubilee Year of MDSS Mahavidyalaya, Sadra, 2013.
32. Organized “Gandhi Katha” at Sadra, Gandhinagar from 26th to 31st January, 2013.
33. Organized West Zone Inter-University Kho-Kho (Women) Tournament Organizing Secretary from 21st to 24th December 2013.
34. Organized “Gandhi Jivan Padyatra” with all staff and students from in Amirgadh and Danta Talukas of Banaskantha District, 2014.

35. Organized Committee Member “Educational and Administrative Seminar” of ‘Nai Talim Sangh’ & Gujarat Vidyapith for the Principals of ‘Ashram Shala’ and ‘Uttar Buniyadi Vidyalaya’ from 11th to 13th January 2015.
36. Organized “Gandhi Jivan Padyatra” with all staff and students, in Vadnagar and Kheralu Talukas of Mehsana District, in the year 2016
37. Organized “Gandhi Jivan Padyatra” with all staff and students in Chanasma Talukas of Patan District, in the year 2017.
38. Organized “Gandhi Jivan Padyatra” with all staff and students in Palanpur District, in the year 2018.

Other Work Experience

1. Refresher Course at Gujarat Vidyapith, Ahmedabad, 21-03-1994 to 10-04-1994 (Adult Education-Population Education)
2. Coaching and Training Camp for Kho-Kho Team from 2007-08 till now.
3. Intramural Coordinator for the year 2008-09.
4. Participated as Coach cum Manager of Gujarat Vidyapith Team in All India Kho-Kho (Women) Tournament from 01-01-2014 to 07-01-2014 at Mangalore, Karnataka.
5. Coach and Manager of Gujarat Vidyapith Inter University Team Every Year.
6. Sanchalak of Education Tour organised Every Year by Faculty of Physical Education & Sports Science Sadra, Ta. & Dist. Gandhinagar, Gujarat Vidyapith.
7. Intramural Coordinator for the year 2018-19.